



TELOPEA PUBLIC SCHOOL

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Education  
Public Schools

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## SCHOOL NEWSLETTER

29<sup>th</sup> March 2019

Motto: "Success through Endeavour"

Be Safe

Be a Learner

Be Responsible

### DATES FOR YOUR DIARY

4	Apr	2019	Minibeasts Excursion
10	Apr	2019	Waratah Assembly (2.15pm)
12	Apr	2019	Easter Hat Parade (9.15am)
12	Apr	2019	Last Day of Term 1
30	Apr	2019	First Day of Term 2

### PRINCIPAL'S MESSAGE

Time has flown and we are rapidly approaching the end of term, it has been a productive time for all our students and staff and I wish to thank our school learning community for transitioning so successfully to the new structures. I have had some questions from parents about our current school population, Telopea Public School currently has an enrolment of 83 students with a further 3 students currently waiting to enrol. This student population is sufficient to run 4 classes and Mrs Moutzouris and Mrs White are operating from the new refurbished 3-4 classroom nearest the gate to the School as Community Centre. Before opening up a fifth classroom the school requires an enrolment of 104 students. So we are a little way off that requiring a further 21 students to enrol, however, we are all excited that our school continues to grow and thrive.

On Thursday 4 April our school classes will all visit the environmental centre at Parramatta Lake for our minibeasts excursion. As you will remember this excursion was postponed by the Park Trust due to storm damage on the paths and lake surrounds making the excursion unsafe at that time. We hope all students enjoy this day and experience great learning opportunities. More information on this occurs later in the newsletter.

The 5-6 class and SRC members from class 3-4 will also attend the schools remember ANZAC service in Hyde Park on Tuesday 9 April. Telopea is pleased to continue this solemn acknowledgement of the sacrifices made by Australian Servicemen and women over the last century.

Finally, as this is the final newsletter for this term may I wish all students and their families a happy and safe school holiday period. Remember the holidays commence on Monday 15 April and students return to school on Tuesday 30 April.

Regards,

*Alan McGowen*

Principal

## School Fees

Please be aware that School fees have now been issued. We would appreciate all payments be made by the end of Term 1.

We can now accept payments via EFTPOS on Wednesday and Friday mornings between 8.45-11.00am ONLY. Payments made via cash can be made on any day, the correct monies would be much appreciated as change is limited.

If you are unable to make payments in full, please speak to the Front Office staff to discuss payment plans.

## Minibeasts Excursion

A reminder that the Minibeast excursion will now be held on **Thursday April 4<sup>th</sup>**.

The bus will be departing just after 9am, if all students attending be prompt to school on this day.

Students are encouraged to wear full school uniform, bring along a hat and recess, lunch and a water bottle in a small bag.



## Easter Hat Parade



We will be holding the annual Easter Hat parade on **Friday April 12<sup>th</sup>**. We encourage all students (with parents help) to get creative and make a hat at home for this event.

The parade will be held at **9.15am** under the COLA or in the hall if wet weather. Being the last day of Term 1, students will be able to come dressed in Easter inspired clothes or mufti wear for the day.

This year students who participate in making a hat, will go into a draw, one student from each class will have the chance to win an easter basket.

## Kindergarten Parents Information Sessions

A reminder to all Kindergarten parents and carers you have recently received a note regarding parent information sessions which are being held to assist parents with skills to support students at home.

These sessions will be on:

1. 9am Monday 6<sup>th</sup> May
2. 9am Monday 13<sup>th</sup> May

If you could kindly return your attendance slip to Miss Georgaros by Friday April 11<sup>th</sup>.

## Student Record Information Updates

In order for us to keep our student record information current we ask that you complete and return the form which was recently sent home. If you believe our records are correct, we still ask that you complete the form so we can confirm this information in our system. Should you require another copy of the form, please see the school office for a copy.

## Harmony Day



Harmony day is held each year on 21<sup>st</sup> March. It's a day to celebrate cultural diversity. It is about inclusiveness, respect and a sense of belonging for everyone. The message for harmony day is **"EVERYONE BELONGS"**

Students acknowledged Harmony Day in various ways on Thursday 21<sup>st</sup> March. Students commenced the day with a class performance and song, followed by activities throughout the day. Many students displayed their national dress or wore orange to symbolize the day. It was a day to remember the message that 'everyone belongs'.



## Library News

Library lessons for all classes will be held on Thursdays. Mrs Vasilareas is the school librarian.

A reminder that Scholastic book club orders for Issue 2 are due by **Friday April 5<sup>th</sup>**. Please ensure that orders are handed in to Mrs Vasilareas on your library day.

## Notes Sent Home

Ensure you don't miss out on important notes. Remember to check your child's School bag each day as most notes are sent home via students.

## Safety

A reminder to all students and parents that entry to the School is via the Third Gate (on Chestnut Avenue near the Kindy classroom). This is for everyone's safety.

We have had a number of students entering via the first and second gates. These gates are not supervised by staff and often there are cars entering and exiting which may pose a risk to unsupervised students.

## Uniform Shop

Uniforms can be purchased from the Uniform Shop every Wednesday between 8.45-11.00am. We are pleased to advise we now have the option of Eftpos for purchases. Alternatively cash is still accepted, the correct change is much appreciated. A current price list is available from the front Office.



**Handy Hint:** Ensure that you label all items of clothing (including hats) for your child/ren, this makes it easier to return any lost items.

## NSW Health Message – Whooping Cough (Pertussis)

The NSW Health Department is running a campaign on understanding Whooping Cough (Pertussis). Please read the important information below. This is direct from State Office.

### **Keep coughing kids home and see your GP.**

Whooping cough (also called Pertussis) began increasing across NSW towards the end of 2018, especially in children between the ages of 5 and 14 years. NSW Health anticipates that this increase will continue in 2019.

School-aged children who are infected with whooping cough usually experience a troubling cough that can persist for months, but they rarely get severe illness. However they can spread the infection to younger siblings and other more vulnerable people, who are at higher risk of severe disease. Whooping cough can be a life threatening infection in babies.

What can you do to prevent whooping cough?

1. Make sure vaccinations are up to date for all family members
2. Be alert for symptoms of whooping cough
3. Keep coughing kids home, to prevent them spreading the infection to others and see your GP to get them tested for whooping cough

For more information on Whooping Cough and vaccination visit the NSW Health Website <https://www.health.nsw.gov.au/infectious/whoopingcough/pages/default.aspx>



## Schools as a Community Centre



# Circle of Security® PARENTING SERIES

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

### Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

**Presented by:** Jasmine Aspinall and Sharlene Pasqual

**Location:** Telopea 'Schools as Community Centres' (SaCC) Project.  
(based in the grounds of Telopea Public School)

**Dates:** Commencing on 22<sup>nd</sup> of May for seven consecutive Wednesday afternoons.  
(22<sup>nd</sup> & 29<sup>th</sup> May, 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> June & 3<sup>rd</sup> July)

**Time:** 12:45pm-2:30pm. Afternoon Tea will be provided.

**Childcare:** FREE childcare is available for children of participants for the duration of the program.

**Bookings are essential for this FREE course.**

### **CONTACT TO REGISTER:**

**Sharlene Pasqual** Parramatta Mission (Family and Community Worker)  
phone: 0439978721

**Pip Martins** Telopea SaCC Facilitator  
phone: 9898 3448  
email: phillipa.martins@det.nsw.edu.au



**Did you know?**

# GET ACTIVE each day

Physical activity is an important part of being healthy. Find as many ways as you can to be active everyday.

## HOW MUCH ACTIVITY SHOULD KIDS DO EACH DAY?

### Toddlers 1-3 years Preschoolers 3-5 years

**3**  
hours  
ACTIVE  
PLAY  
ACROSS THE DAY



- Standing up
- Moving around
- Active toys

### School age 5-12 years

**1-3**  
hours  
PHYSICAL  
ACTIVITY  
ACROSS THE DAY



- Try activities that make breathing quicker and your heart beat faster:
- Fast walking
  - Riding a bike or scooter
  - Organised sport



**MAKE  
HEALTHY  
NORMAL**

This resource has been developed by  
Western Sydney Local Health District,  
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