



TELOPEA PUBLIC SCHOOL

Chestnut Avenue, Telopea, NSW, 2117

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Education  
Public Schools

[telopea-p.school@det.nsw.edu.au](mailto:telopea-p.school@det.nsw.edu.au)

## SCHOOL NEWSLETTER

7<sup>th</sup> February 2019

Motto: "Success through Endeavour"

Be Safe

Be a Learner

Be Responsible

### DATES FOR YOUR DIARY

27	Feb	2019	School Photo Day
1	Mar	2019	Clean Up Australia Day
21	Mar	2019	Harmony Day
11	Apr	2019	Easter Hat Parade
12	Apr	2019	Last Day of Term 1

### PRINCIPAL'S MESSAGE

Welcome to the New Year at Telopea Public School to all our existing and new parents. In the next few days further information will be sent out providing the date for the class information meetings at which class teachers explain the term program and provide information on such matters as planned excursions, attendance procedures and our behavioural reward programs.

I am also happy to confirm the class structures and allocated teachers for 2019:

K Koalas	Miss Georgaros
1 2 Bandicoots	Ms Michie
3 4 Wombats	Mrs Moutzouris and Mrs White
5 6 Emus	Mrs Vasilareas Mrs Andonenas and Mr McGowen

We are pleased that the growth of the school has allowed us to establish additional classes for 2019 and thank all parents for selecting Telopea Public School as your school of choice.

Regards,

*Alan McGowen*

Principal

## Kindergaten Enrolments 2019

If you are happy with the educational services Telopea Public School provides to your children please feel free to inform prospective parents about the quality education provided by the staff at Telopea and the extensive programs we offer.

We have commenced taking enrolments for 2019, so if you have a child or know of anyone starting school next year who wishes to attend Telopea Public School please contact staff in the school office on 9638 1296.

## School Photo Day



This year's School Photos will take place on **Wednesday 27<sup>th</sup> February**. A letter and envelope to place your orders will be sent home by the end of the week.

**Please ensure your child/children are wearing their full summer School Uniform on the day.**

**A reminder that the Uniform Shop will be closed on this day Wednesday 27<sup>th</sup> February so if you require any uniform items, please purchase these prior to School Photo Day.**

If it is cool weather, please bring along your school jumper or maroon track pants to wear after the photos are taken.

Black enclosed shoes with white socks should be worn.

No long sleeve tops should be worn under the summer uniform on this day whilst photos are taken.

## School Fees

Please be aware that School fees will be issued by the end of Week 2. We would appreciate all payments be made by the end of Term 1.

We can now accept payments via EFTPOS on Wednesday and Friday mornings between 8.45-11.00am ONLY. Payments made via cash can be made on any day, the correct monies would be much appreciated as change is limited.

If you are unable to make payments in full, please speak to the Front Office staff to discuss payment plans.

## Crunch and Sip



Telopea Public School continues its Crunch and Sip program. This is where students stop for a small break and has either a piece of fruit or vegetable, along with water. This encourages healthy eating and great for development. A handy hint: It is a great idea to cut your child/rens fruit or vegetable into slices so that it is easy for them to eat.

## Sun Sense



We are currently experiencing extremely hot weather. Please ensure that sunscreen is applied to your child prior to school and that all students come to school with a hat. It's important to remind your child to keep well hydrated throughout the day. During extreme weather children have the options of staying indoors during lunch and recess.

## Sport

**For students in Yrs 3-6 sport will take place on Monday afternoons. We currently have coaches from Active Parramatta running the sports program and focusing on the 12 fundamental movement skills. Students in Yrs K-2 will have class sport with their teacher on Fridays.** Students are reminded to wear a hat, their maroon shorts, appropriate footwear (ie sneakers) and their allocated House team t-shirt. If you have not received confirmation of your child's house colour, please speak to your child's class teacher. House colour t-shirts can be purchased from the School uniform shop on Wednesday mornings.



## Library News

Library lessons for all classes will be held on Thursdays. Mrs Vasilareas in the school librarian. Students will begin borrowing from week 3. Each student will need to have a library bag in order to borrow a book. This may include a canvas or recycling bag or a library bag purchased from a store. Please ensure that your child returns their library book each week. If a book has not been returned the student will not be allowed to borrow another book. If any books are lost or damaged please speak to Mrs Vasilareras regarding the matter.

## Collecting Students from School

A reminder that if you have made arrangements for someone to collect your child/ren that is outside of your normal arrangements, please ensure that you have notified the office so we are aware and can let other staff members know. This applies to leaving early and for the end of the day. The safety and wellbeing of students is important.

## Notes Sent Home

Ensure you don't miss out on important notes. Remember to check your child's School bag each day as most notes are sent home via students.

## Safety

A reminder to all students and parents that entry to the School is via the Third Gate (on Chestnut Avenue near the Kindy classroom). This is for everyone's safety. We have had a number of students entering via the first and second gates. These gates are not supervised by staff and often there are cars entering and exiting which may pose a risk to unsupervised students.

## Mobile Phones



If you require your child to carry a mobile phone, a note stating so must be handed in to the Front Office and registered. Students are to turn all mobile phones off during School hours and these are handed to the Front Office during assembly and returned to students at the end of each day.

If you need to contact your child, please call the School directly so we can organise for you to speak to your child.

## School Attendance

Regular School attendance is a legal requirement for all children. Please ensure that your child/ren are at School by 8.55am, ready for morning assembly by 9.00am.

School times are as follows;

9.00am	School commences
11.00-11.30am	Recess
1.15-2.00pm	Lunch
3.00pm	School finishes

All attendance is now recorded electronically, this includes late, early and sick bay departures. Please be patient with staff whilst we record and process these recorded slips.

## Uniform Shop

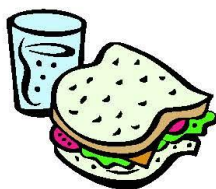
Uniforms can be purchased from the Uniform Shop every Wednesday between 8.45-11.00am. We are pleased to advise we now have the option of Eftpos for purchases. Alternatively cash is still accepted, the correct change is much appreciated. A current price list is available from the front Office.



Handy Hint: Ensure that you label all items of clothing (including hats) for your child/ren, this makes it easier to return any lost items.

## Linda's Lunches

Lunch orders will commence from Wednesday February 6th, 2019. Please ensure that your orders are placed in a brown paper bag with your child's name and class clearly labelled. Lunch orders are to be given to the teacher at Assembly or to the Front Office by no later than 9am.



# Linda's Lunches

TELOPEA PUBLIC SCHOOL  
Menu and Pricelist - 2019  
Available Wednesdays



- ☐ Please write order clearly on note paper and place in a medium/large snap lock bag, along with correct money.
- ☐ If a bag is not provided please **add 20c to order.**
- ☐ All orders to be given to a teacher at morning assembly
- ☐ Lunches will be delivered to the school by 1:15pm

FOR TUESDAY 7/3/14	
MARY SMITH	
6B	
1 VEGEMITE SANDWICH	\$2.00
1 STRAWBERRY MILK	\$2.00
1 GREEN APPLE	\$1.50
1 CHEESE STICK	\$1.00
1 ZOOOPER DOOPER	\$0.50
<hr/>	
\$7.00	

FILLINGS	SANDWICHES	ROLLS
Buttered	\$0.70	\$0.90
Hundreds & Thousands	\$2.00	\$2.10
Vegemite	\$2.00	\$2.10
Honey	\$2.00	\$2.10
Strawberry Jam	\$2.00	\$2.10
Cheese	\$2.40	\$2.50
Egg & Mayo	\$2.70	\$2.80
Omelette	\$2.50	\$2.60
Tomato	\$2.40	\$2.50
Devon	\$2.40	\$2.50
Salmon	\$3.20	\$3.30
Tuna	\$2.80	\$2.90
Sandwich Ham	\$2.40	\$2.50
Leg Ham	\$3.80	\$3.90
Chicken Schnitzel	\$4.20	\$4.30
Chicken Loaf	\$2.40	\$2.50
Roast Chicken	\$4.00	\$4.10
Salad (Lettuce/Tom/Cheese/ Cucumber/Beetroot/Carrot)	\$4.00	\$4.10
Baked beans or Spaghetti	\$2.00	\$2.10

**Tortilla Wraps – any 3 fillings** \$4.50  
(eg. Ham, Cheese, Tomato or Chicken, Lettuce, Cheese)  
Cheese only \$2.20  
*Wraps can be toasted on request*

Salad Tubs (as per sandwiches-French or Italian dres.) \$4.50  
With Chicken, Tuna or Ham \$5.00

## EXTRAS

Avocado	\$1.00	\$1.00
Hard boiled eggs (shelled)	\$0.80	
BBQ sauce / Tomato sauce	\$0.10	\$0.10
(sauce for sandwiches and rolls only)		
Mayonnaise	\$0.10	\$0.10
Cucumber	\$0.40	\$0.40
Carrot	\$0.40	\$0.40
Beetroot	\$0.40	\$0.40
Tomato	\$0.40	\$0.40
Cheese	\$0.40	\$0.40
Lettuce	\$0.40	\$0.40
Pineapple	\$0.40	\$0.40
Salad (Lettuce/Tom/Cheese/ Cucumber/Beetroot/Carrot)	\$2.40	\$2.40

## SNACKS

Popcorn	\$0.90
Mamee Noodles	\$0.90
Raspberry or Apricot Fruit Sticks	\$0.50
Choc Chip or Yogurt Muesli Bars	\$0.80
Cheese Sticks	\$1.00

## FRESH FRUIT

Banana	\$1.50
Apple – Green or Red	\$1.50
Orange	\$1.50

## DRINKS (drinks can be ordered frozen)

100% Apple or Orange Juice	\$1.70
Bottled Spring Water	\$1.50
Chocolate or Strawberry Milk	\$2.00
Apple/Blackcurrant, Orange Fruit	
Or Tropical fruit Juice	\$1.40

## HOT FOOD (meat products are not Halal)

Pie	\$2.80
Sausage Roll	\$2.50
Tomato Sauce, BBQ or Sweet Chilli	\$0.20
Pasta (home-made Bolognese sauce)	\$3.00
Parmesan Cheese	\$0.30
Noodles - beef or chicken	\$2.50
Garlic Bread	\$1.50
Chicken nuggets (4)	\$2.00
Hot dog	\$2.00
Sushi	\$2.50
-California or Tuna	
Soy sauce	\$0.10

- ☐ Unless requested, all sandwiches will be made with margarine and NO salt and pepper.
- ☐ Sandwiches are prepared fresh on the day of delivery.
- ☐ Sandwiches and wraps can be toasted with any sandwich fillings.
- ☐ If there are any other choices that aren't on the menu, please feel free to ask me.

Contact: Linda 96382631

## Schools as a Community Centre

Hi Telopea Families,

Welcome back for the start of 2019 school year.

I have enjoyed hearing holiday stories from returning children and their families. I have very much enjoyed meeting families new to our school. WELCOME!

It was lovely to meet with all the new Kindy parents today for afternoon tea, it was a great opportunity to meet each other and ask any questions. If you do have any further questions, please call me directly on 9898 3448 or [phillipa.martins@det.nsw.edu.au](mailto:phillipa.martins@det.nsw.edu.au)

A reminder for any parents who have younger children to enquire about SaCC programs such as playgroup, Story time and music class.

**BREAKFAST CLUB** reminder:

Breakfast Club operates from the SaCC rooms every Monday and Thursday 8:30-9:00am during school term.

Sharing breakfast with school mates is a lovely way for your children to start the day. Siblings are always welcome...if you are a parent who would like to help you are also welcome.

Please don't hesitate contacting me if you would like further information about SaCC initiatives, community events or even ways you may assist our school.

Regards

Pip  
Telopea 'Schools as Community Centres' Project  
Local Facilitator  
98983448  
[phillipa.martins@det.nsw.edu.au](mailto:phillipa.martins@det.nsw.edu.au)



<b>MONDAY</b>	<p><b>Australian Red Cross 'Good Start Breakfast Club'</b> 8:30am to 9:00am Teloepa SaCC Rooms. A healthy breakfast is provided free for Teloepa Public School students in a friendly, inclusive environment.</p>
<b>TUESDAY</b>	<p><b>Sing Rhyme and Story Time</b> 10:00am to 10:30am Teloepa Public School, SaCC Rooms A weekly Early Literacy Program for parents/carers and children birth to 5 years. This program was developed and is facilitated by the Teloepa SaCC Facilitator. The session will support parents to assist with their children's literacy development. The program was awarded Honoured Nominee in 2011 Kookaburra Awards.</p> <p><b>Early Years Garden Club</b> 10:30am to 12:00noon Teloepa Public School Edible Garden &amp; Orchard. Seed Harvest Spoon early childhood environmental garden program for parents and children up to five years. <b>REGISTRATION ESSENTIAL</b></p> <p><b>Meet and Greet</b> 1:00pm to 2:30pm Teloepa SaCC Rooms Information session for parents with baby birth to 12 weeks. Facilitated by Community Health</p>
<b>WEDNESDAY</b>	<p><b>Supported Playgroup</b> 10:00am to 12:00noon Teloepa SaCC Rooms <b>REGISTRATION ESSENTIAL</b> Organised indoor and outdoor activities, story time, music and dancing for families with children birth to 5 years. A friendly, inclusive and supportive playgroup where adult involvement is encouraged and supported.</p> <p><b>'Triple P' Parenting Program</b> 1:00pm-2:30pm Teloepa SaCC Rooms <b>REGISTRATION ESSENTIAL</b> A five week <b>Positive Parenting Program</b> is facilitated by Parramatta Mission. Supports parents to build positive relationships with children, manage challenging behaviours positively, consistently and decisively, supports parents to develop realistic expectations for children and themselves. Certificates presented for full attendance. Free child care available for participants. Afternoon tea provided.</p>
<b>THURSDAY</b>	<p><b>Australian Red Cross 'Good Start Breakfast Club'</b> 8:30am to 9:00am Teloepa SaCC Rooms.</p> <p><b>Jiggle'n'Jam Music Program.</b> Teloepa SaCC Rooms Structured music classes for families with chn birth to 3 years. Facilitated by 'Music In A Box' Music School in Teloepa SaCC Rooms 2x half hour baby classes (birth to 12mths@<b>9:30am</b> and 12mths to 18mths@<b>10:00am</b>) 2x Toddler Music Classes <b>with parents</b> 10:45am and 11:15am (18mths to 3years) 1x Toddler Music Class <b>no parents</b> 11:45am (offered to cater for families with more than one child. parents with siblings must stay in school grounds and can utilise the playroom while waiting. Class participants registered by music teacher recommendation) <b>TERM REGISTRATION is ESSENTIAL for the toddler classes.</b></p> <p><b>Baby Playgroup</b> 10:00 to 12:00noon Teloepa SaCC Rooms Social gathering for families with children birth to 18 months in safe, air conditioned environment with toys. Enjoy spending time with friends after the music class.</p>
<b>FRIDAY</b>	<p><b>Supported Playgroup</b> 10:00 to 12:00 Teloepa SaCC Rooms <b>REGISTRATION ESSENTIAL</b></p>

### Teloepa 'Schools as Community Centres' Project (SaCC)

Based in the grounds of Teloepa Public School. Chestnut Ave., Teloepa N.S.W. 2117

Please direct all enquiries to SaCC Facilitator **Pip Martins**

Phone: 9898 3448

Fax: 9684 2653

Email: [phillipa.martins@det.nsw.edu.au](mailto:phillipa.martins@det.nsw.edu.au)

# **Free** Parenting Program

## **Triple P- Seminar.** (Positive Parenting Program)

The power of positive parenting!

### **A five week parenting course.**

The program aims to support parents with behaviour management strategies for their children birth to twelve years; more than half of the seventeen strategies focus on developing positive relationships, attitudes, skills and conduct. Triple P teaches parents broader principles that may be applied positively in most parenting situations.

#### **Triple P helps parents:**

- Create a stable, supportive, harmonious family environment.
- Teach their children how to get along with others.
- To deal positively, consistently and decisively with challenging behaviours.
- Encourage appropriate behaviours.
- Develop realistic expectations of their children and themselves.
- Take care of themselves as parents.

**Date:** Commencing on 13<sup>th</sup> February 2019 for five consecutive  
Wednesday afternoons. (13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> February and 6<sup>th</sup>, 13<sup>th</sup> March)

Certificates will be issued for FULL participation

**Time:** 12:45pm-2:30pm. Afternoon Tea will be provided.

**Venue:** Telopea 'Schools as Community Centres Project'. (SaCC)

**Childcare:** **FREE** childcare is available for participants for the duration of the program.

**Bookings are essential for this **FREE** course.**

**Register:** **Sharlene Pasqual** Parramatta Mission (Family and Community Worker)

**phone:** 0439978721

**Or** **Pip Martins** Telopea SaCC Facilitator

**phone:** 9898 3448

**email:** phillipa.martins@det.nsw.edu.au





## FREE 'Sing Rhyme and Story Time'



This **Early Literacy Program** caters for parents and their children **birth to five years** of age.

The **half hour story time** includes a combination of the following:

- Reading and Story time
- Rhymes
- Finger plays
- Puppets
- Storytelling
- Dancing

### 'Sing Rhyme and Story Time'

Every Tuesday 10:00am to 10:30 during term time.

**Call or email to enquire on current locations.**

**Phone: 9898 3448**

**Email: [phillipa.martins@det.nsw.edu.au](mailto:phillipa.martins@det.nsw.edu.au)**

This early literacy initiative is programmed and delivered by the

'Schools as Community Centres', Local Facilitator **Pip Martins**.



# CHOOSE WATER as a drink

Water is the best drink as it does not have any added sugar. Fruit juices, soft drink, sports drinks or cordials should not be given to your child everyday as they contain a lot of added sugar.



MAKE  
HEALTHY  
NORMAL



Health  
Western Sydney  
Local Health District





# Compulsory School Attendance

## Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

### What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

### The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

### Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.







### **My child won't go to school. What should I do?**

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

### **What might happen if my child continues to have unacceptable absences?**

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

### **What age can my child leave school?**

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

### **Working in Partnership**

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

**If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.**

Further information regarding school attendance can be obtained from the following websites:

### **Policy, information and brochures:**

Please visit the Department of Education's *Policy library*

### **The school leaving age:**

Please visit the Department of Education's *Wellbeing and Learning* website

### **Do you need an interpreter?**

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 512

[www.dec.nsw.gov.au](http://www.dec.nsw.gov.au)

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NSW Department of Education and Communities